
















































































Name:

Date:

me 	Daily living skills checklist	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
brush teeth 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
wash up 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
wash hands 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
comb or brush hair 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
pick out clothes 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
iron 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
laundry 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
put shoes on 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
tie 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
tie shoes 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	






















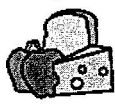



























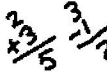



























Name:

Date:

me 	Daily living skills checklist	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
take medicine 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
make bed 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
dust 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
vacuum 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
wash dishes 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
wash windows 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
sweep 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
rake 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
shovel 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
make a snack 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	






















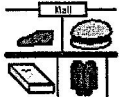









































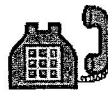






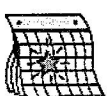





Name:

Date:

me 	Daily living skills checklist	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
cooking 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
make a shopping list 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
Go grocery shopping 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
pay with money 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
pay with a credit card 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
pay with a check 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
balance a check record 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
pay bills 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
follow a budget 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	
read a menu 	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 	

Name:

Date:

me 	Daily living skills checklist	I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
order 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
leave a tip 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
go to the mall 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
exercise 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
travel 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
get a job 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
hang out with friends 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
read 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
call a friend 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 
plan a special day 		I like it 	I don't like it 	I don't know 	I will try it 	I do it myself 	I need help 