

HOW PERSON-CENTERED IS YOUR PERSON-CENTERED PLANNING?

Please take a moment to answer the following questions to determine the person-centeredness of your planning.

- Did the individual choose this person-centered process to assist in their planning (was an array of options presented in a clear and understandable fashion)?
- Did the individual select who they wanted to assist in their planning?
- Did the individual select who they wanted to facilitate their planning?
- Did the individual make the invitations?
- Does the planning group include non-paid community members?
- Did the individual choose when and where to have the planning/meetings?
- Did the individual determine in what life areas planning would occur?
- Did the dreams and desires of the individual form the foundation for the process?
- Did the individual and the people who know him/her the best and love him/her the most contribute the most?
- Was/is the process positive and respectful?
- Were the strategies used to gain the individual's perspective respectful?
- Did the process identify and build upon the individual's gifts and talents?
- Was an ideal home for this individual identified?
- Were ideas for an ideal job or community contribution for this individual generated?
- Were other images of a desirable future identified?
- Does the vision/plan identify ways to assist the individual:
 - expand and deepen their network of relationships?
 - contribute to community life?
 - expand the number and type of valued social roles they experience?
 - increase their experience of choice, control, and self-determination?
- Were the strategies and supports identified that are likely to cause the individual upset and frustration?
- Did the group identify others to invite to join the circle, especially community members?
- Are all the planning meetings flexible and dynamic?
- Is the individual participating in all phases of the process?
- Does the individual have a formal role in the quality assurance?

Adapted from *Final Report of the Person Centered Planning Pilot* (1995), Center for Community Inclusions, Maine's UAP, University of Maine